



Text marked in red denotes galas that are yet to be confirmed

Competition Plan

2025 / 2026

Published May 2026

Competition	Date	Location	Level	Course	Type	Opening dates	National	Regional	County	AGE	JAG	Bronze	Tiny Crows
NASA County Sprints	20th September	Corby	2	SC	Qualify	September	Qualify	Qualify	Qualify	Qualify	Qualify	Qualify	Qualify
CASC 100m Club Champs	27th September	Corby	4	LC	Club Gala	September	Attend	Attend	Attend	Attend	Attend	Attend	N/A
National County Team Champs	5th October	Sheffield	2	SC	County Team Event	N/A	N/A						
CASC SC Open Meet	4th & 5th October	Corby	3	SC	First come first served	July/August	Attend	Attend	Attend	Attend	Attend	Attend	N/A
Arena League	11th October	Nottingham	3	SC	Team Event	N/A	Selected	Selected	Selected	Selected	Selected	Selected	Selected
Leicester Sharks Meet	25th - 26th October	Nuneaton	3	SC	First come first served	July/August	Optional	Attend	Attend	Attend	Attend	Optional	N/A
East Midlands Regional Short Course	1st & 2nd November	Nottingham	3	SC	Qualify	October	Qualify	Qualify	N/A	N/A	N/A	N/A	N/A
Arena League R2	8th November	Cambridge	3	SC	Team Event	N/A	Selected	Selected	Selected	Selected	Selected	Selected	Selected
Development Gala	15th November	Corby	0	SC	Club Gala	October/November	N/A	N/A	Optional	Attend	Attend	Attend	Attend
COC SC level 2	15th - 16th November	Coventry	2	SC	Qualify	November	Attend	Qualify	Qualify	N/A	N/A	N/A	N/A
CASC 200/400 Champs	29th - 30th November	Corby	4	LC	Club Gala	November	Attend	Attend	Attend	Attend	Attend	Optional	N/A
Arena League R3	6th December	Norwich	2	SC	Team Event	N/A	Selected	Selected	Selected	Selected	Selected	Selected	Selected
English SC Championships	11th to 14th December	Sheffield	2	SC	Qualify	November	Qualify	N/A	N/A	N/A	N/A	N/A	N/A
Derby Excel Level 3	13th - 14th December	Derby	3	SC	First come first served	September/October	Optional	Optional	Attend	Attend	Attend	N/A	N/A
Winter League (R1)	10th January	Rugby	4	SC	Team Event	N/A	Selected	Selected	Selected	Selected	Selected	Selected	Selected
NASA County Distance Champs	17th January	Corby	1	LC	Qualify	December	Qualify	Qualify	Qualify	Qualify	Qualify	Qualify	N/A
NASA County Champs	24th - 25th January	Corby	1	LC	Qualify	December	Qualify	Qualify	Qualify	Qualify	Qualify	Qualify	N/A
NASA County Champs (Distance 2)	31st January	Corby	1	LC	Qualify	December	Qualify	Qualify	Qualify	Qualify	Qualify	Qualify	N/A
NASA County Champs	7th - 8th February	Corby	1	LC	Qualify	December	Qualify	Qualify	Qualify	Qualify	Qualify	Qualify	N/A
Winter League (R2)	28th February	TBC	3	SC	Team Event	N/A	Selected	Selected	Selected	Selected	Selected	Selected	Selected
National Arena League Final	28th or 29th February	Cardiff	1	LC	Team Event	N/A	Selected	Selected	Selected	Selected	Selected	Selected	Selected
Derby Excel Level 1	6th to 8th March	Ponds Forge	1	LC	Qualify	February	Attend	N/A	N/A	N/A	N/A	N/A	N/A
Melton Mowbray TT	7th March	Corby	4	LC	First come first served	February	N/A	N/A	N/A	Attend	Attend	Attend	Attend
Development Gala	14th March	Corby	0	SC	Club Gala	February/March	N/A	N/A	Optional	Attend	Attend	Attend	Attend
City of Coventry John Hughes Meet	21st - 22nd March	Coventry	3	SC	First come first served	January	N/A	Attend	Attend	Optional	Optional	N/A	N/A
Diddy League (R1)	21st March	Corby	4	SC	Team Event	N/A	N/A	Selected	Selected	Selected	Selected	Selected	Selected
Corby Open Meet Level 3	28th - 29th March	Corby	3	LC	First come first served	December	Attend	Attend	Attend	Attend	Attend	Attend	N/A
EM Regional Level 1 Distance TT	11th April	Loughborough	1	LC	Qualify	March	Optional	Optional	N/A	N/A	N/A	N/A	N/A
British LC Champs	13th - 19th April	London Aquatics	1	LC	Qualify	March	Qualify	N/A	N/A	N/A	N/A	N/A	N/A
Winter League (Final)	18th April	TBC	3	SC	Team Event	N/A	Selected	Selected	Selected	Selected	Selected	Selected	Selected
Regionals WK1	25th - 26th April	Derby	1	LC	Qualify	April	Qualify	Qualify	Qualify	Qualify	N/A	N/A	N/A
Regionals Wk2	2nd - 4th May	Corby	1	LC	Qualify	April	Qualify	Qualify	Qualify	Qualify	N/A	N/A	N/A
Diddy League (R2)	9th May	Coalville	3	SC	Team Event	N/A	N/A	Selected	Selected	Selected	Selected	Selected	Selected
City of Sheffield No Frills Meet	24th May	Sheffield	3	LC	First come first served	March	Optional	Attend	Attend	Attend	Optional	Optional	N/A
Development Gala	16th May	Corby	0	SC	Club Gala	May	N/A	N/A	Optional	Attend	Attend	Attend	Attend
CASC 50m Club Champs	27th June	Corby	4	LC	Club Gala	June	Attend	Attend	Attend	Attend	Attend	Attend	Attend
Diddy League Final	20th June	Corby	3	SC	Team Event	N/A	N/A	Selected	Selected	Selected	Selected	Selected	Selected
COL Summer Meet	13th - 14th June	Braunstone	3	SC	First come first served	April	Optional	Optional	Attend	Attend	Attend	Optional	N/A
Wilkinson Sword	11th July	Corby	4	SC	Team Event	N/A	N/A	Selected	Selected	Selected	Selected	Selected	Selected
City Of Coventry LC Meet	18th - 19th July	Coventry	3	LC	First come first served	April	Optional	Attend	Attend	Attend	Optional	N/A	N/A
Aquatics GB Next Gen Champs.	16th July - 22nd July	Sheffield	1	LC	Qualify by rankings	N/A	Qualify	N/A	N/A	N/A	N/A	N/A	N/A
Swim England Age Group Open Water	25th July	Sheffield	OW	OW	Qualify by rankings	N/A	Qualify	N/A	N/A	N/A	N/A	N/A	N/A
English LC Summer Champs	27th July - 1st Aug	Sheffield	1	LC	Qualify by rankings	N/A	Qualify	N/A	N/A	N/A	N/A	N/A	N/A

Please note: If a swimmer enters an external gala that is not included in the competition plan then you must let team admin and your lead squad coach know. Competitions entered outside of the competition plan will not be supported by the club, no coaches or team managers will be in attendance and you will be responsible for your swimmer.



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Competition	Date	Location	Level	Course	Type	Opening dates	National	Regional	County	AGE	JAG	Bronze	Tiny Crows
NASA County Sprints	19th September	Corby	2	SC	Qualify	September	Qualify	Qualify	Qualify	Qualify	Qualify	Qualify	Qualify
CASC 100m Club Champs	26 th September	Corby	4	LC	Club Gala	September	Attend	Attend	Attend	Attend	Attend	Attend	N/A
National County Team Champs	4th October	Sheffield	2	SC	County Team Event	N/A	N/A						
CASC SC Open Meet	3rd & 4th October	Corby	3	SC	First come first served	July/August	Attend	Attend	Attend	Attend	Attend	Attend	N/A
Arena League	10th October	Nottingham	3	SC	Team Event	N/A	Selected	Selected	Selected	Selected	Selected	Selected	Selected
Leicester Sharks Meet	24th - 25th October	Nuneaton	3	SC	First come first served	TBC	Optional	Attend	Attend	Attend	Attend	Optional	N/A
800/1500m TT	TBC	Wellingborough	4	SC	Time Trial	TBC	Optional	Optional	Optional	Optional	Optional	Optional	Optional
East Midlands Regional Short Course	7th & 8th November	Nottingham	3	SC	Qualify	October	Qualify	Qualify	N/A	N/A	N/A	N/A	N/A
Arena League R2	7th November	TBC	3	SC	Team Event	N/A	Selected	Selected	Selected	Selected	Selected	Selected	Selected
Development Gala	15th November	Corby	0	SC	Club Gala	October/November	N/A	N/A	Optional	Attend	Attend	Attend	Attend
COC SC level 2	15th - 16th November	Coventry	2	SC	Qualify	November	Attend	Qualify	Qualify	N/A	N/A	N/A	N/A
CASC 200/400 Championships	28th - 29th November	Corby	4	LC	Club Gala	November	Attend	Attend	Attend	Attend	Attend	Optional	N/A
Arena League R3	5th December	Norwich	2	SC	Team Event	N/A	Selected	Selected	Selected	Selected	Selected	Selected	Selected
English SC Championships	10th to 13th December	Sheffield	2	SC	Qualify	November	Qualify	N/A	N/A	N/A	N/A	N/A	N/A
Derby Excel Level 3	12th - 13th December	Derby	3	SC	First come first served	September/October	Optional	Optional	Attend	Attend	Attend	N/A	N/A
Winter League (R1)	9th January	Rugby	4	SC	Team Event	TBC	Selected	Selected	Selected	Selected	Selected	Selected	Selected
NASA County Distance Champs	17th January	Corby	1	LC	Qualify	TBC	Qualify	Qualify	Qualify	Qualify	Qualify	Qualify	N/A
NASA County Champs	23rd - 24th January	Corby	1	LC	Qualify	TBC	Qualify	Qualify	Qualify	Qualify	Qualify	Qualify	N/A
NASA County Champs (Distance 2)	31st January	Corby	1	LC	Qualify	TBC	Qualify	Qualify	Qualify	Qualify	Qualify	Qualify	N/A
NASA County Champs	6th - 7th February	Corby	1	LC	Qualify	TBC	Qualify	Qualify	Qualify	Qualify	Qualify	Qualify	N/A
Winter League (R2)	27th February	TBC	3	SC	Team Event	TBC	Selected	Selected	Selected	Selected	Selected	Selected	Selected
National Arena League Final	26th or 27th February	Cardiff	1	LC	Team Event	TBC	Selected	Selected	Selected	Selected	Selected	Selected	Selected
Derby Excel Level 1	5th to 7th March	Ponds Forge	1	LC	Qualify	TBC	Attend	N/A	N/A	N/A	N/A	N/A	N/A
Melton Mowbray TT	6th March	Corby	4	LC	First come first served	TBC	N/A	N/A	N/A	Attend	Attend	Attend	Attend
Development Gala	13th March	Corby	0	SC	Club Gala	TBC	N/A	N/A	Optional	Attend	Attend	Attend	Attend
Corby Open Meet Level 3	21st - 22nd March	Corby	3	LC	First come first served	TBC	Attend	Attend	Attend	Attend	Attend	Attend	N/A
Diddy League (R1)	20th March	Corby	4	SC	Team Event	N/A	N/A	Selected	Selected	Selected	Selected	Selected	Selected
EM Regional bh Level 1 Distance TT	17th April	Loughborough	1	LC	Qualify	TBC	Optional	Optional	N/A	N/A	N/A	N/A	N/A
British LC Champs	6th - 11th April	London Aquatics	1	LC	Qualify	TBC	Qualify	N/A	N/A	N/A	N/A	N/A	N/A
Winter League (Final)	17th April	TBC	3	SC	Team Event	N/A	Selected	Selected	Selected	Selected	Selected	Selected	Selected
Regionals WK1	24th - 25th April	Derby	1	LC	Qualify	7th Aprill	Qualify	Qualify	Qualify	Qualify	N/A	N/A	N/A
Regionals Wk2	1st - 3rd May	Corby	1	LC	Qualify	21st April	Qualify	Qualify	Qualify	Qualify	N/A	N/A	N/A
Diddy League (R2)	8th May	Coalville	3	SC	Team Event	N/A	N/A	Selected	Selected	Selected	Selected	Selected	Selected
City of Sheffield No Frills Meet	22nd - 23rd May	Sheffield	3	LC	First come first served	TBC	Optional	Attend	Attend	Attend	Optional	Optional	N/A
Development Gala	29th May	Corby	0	SC	Club Gala	TBC	N/A	N/A	Optional	Attend	Attend	Attend	Attend
Diddy League Final	19th June	Corby	3	SC	Team Event	N/A	N/A	Selected	Selected	Selected	Selected	Selected	Selected
CASC 50m Club Champs	26th June	Corby	4	LC	Club Gala	TBC	Attend	Attend	Attend	Attend	Attend	Attend	Attend
Leicester Sharks Meet	TBC	Nuneaton	3	SC	First come first served	TBC							
Nottinghamshire ASA Summer Gala	TBC	Nottingham	3	SC	First come first served	TBC							
Wilkinson Sword	10th July	Corby	4	SC	Team Event	TBC	N/A	Selected	Selected	Selected	Selected	Selected	Selected
City Of Coventry LC Meet	TBC	Coventry	3	LC	First come first served	TBC	Optional	Attend	Attend	Attend	Optional	N/A	N/A
Aquatics GB Next Gen Champs.	16th July - 22nd July	Sheffield	1	LC	Qualify by rankings	TBC	Qualify	N/A	N/A	N/A	N/A	N/A	N/A
Swim England Age Group Open Water	24th July	Sheffield	OW	OW	Qualify by rankings	TBC	Qualify	N/A	N/A	N/A	N/A	N/A	N/A
English LC Summer Champs	27th July - 1st Aug	Sheffield	1	LC	Qualify by rankings	TBC	Qualify	N/A	N/A	N/A	N/A	N/A	N/A

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