

Corby & Nene Valley Swimming Clubs

Development Galas – Supplementary Information

The Development galas are a series of Club organised events that are held over 3 dates throughout the season. They are run in a friendly way under ASA rules for the benefit of younger swimmers from Corby & Nene Valley Swimming clubs and also invited swimmers from swimming schools to gain experience in entering galas. This will allow swimmers to get times for each discipline which can be used to grade progress and allow swimmers from swim schools to decide whether to progress to a competitive swimming club in the future.

1.0 Schedule of Events

The Development galas are held over 3 dates throughout the season on the dates specified on the individual clubs website & Fixture list. The events will be run at Corby East Midlands International Pool unless otherwise specified on an 8 x 25m pool Set Up. The swimmers will compete in their age groups on a HDW basis.

** The age groups of 11 years are able to choose either 25m or 50m distances for Butterfly, but not both in the same stroke. Any CASC swimmer in squads C or JP may compete at 50m Butterfly regardless of age. Nene Valley may compete at 50m as advised by their coach. No swimmer over 11 years can compete at 25m Butterfly

Age Groups:

- 9/Under (for ages 5-9)
- 10 Years
- 11 Years
- 12 Years
- 13/Over

The schedules of events are as follows.

Event 1	9/U – 13/O Yrs	Girls	100m	IM
Event 2	9/U – 13/O Yrs	Boys	100m	IM
Event 3	9/U – 11 Yrs	Girls	25m	Butterfly **
Event 4	9/U – 11 Yrs	Boys	25m	Butterfly **
Event 5	11 – 13/O Yrs	Girls	50m	Butterfly **
Event 6	11 – 13/O Yrs	Boys	50m	Butterfly **
Event 7	9/U – 13/O Yrs	Girls	50m	Backstroke
Event 8	9/U – 13/O Yrs	Boys	50m	Backstroke
Event 9	9/U – 13/O Yrs	Girls	50m	Breaststroke
Event 10	9/U – 13/O Yrs	Boys	50m	Breaststroke
Event 11	9/U – 13/O Yrs	Girls	50m	Freestyle



Event 12

9/U – 13/O Yrs

Boys

50m



Freestyle

2.0 Length of Session

Warm up for the competition starts at 6pm on Specified date and will finish at 6:25pm. The competition will start at 6:30pm and will finish by 9pm, giving a total session time of 2.5 hours.

3.0 Promoters Conditions

For the full details of this gala, this document must be read in conjunction with the Promoters conditions regarding the running of Development galas.

4.0 Acceptance Criteria

All Entries made before the closing date as specified on the Entry Form will be accepted unless over-subscribed then selection will be on a first come first served basis. Late entries will only be considered at the organiser's discretion.

5.0 Qualifying Standards

No Upper or Lower Qualifying times have been set for this competition; all entries will be accepted if they meet the promoter's criteria. Entry times if submitted must be in 25m format.

6.0 Setting of Standards

All entrants must be a member of Corby Amateur Swimming Club or Nene Valley Swimming Club.

Other competitors from local swim schools may be invited by the promoter to compete for new times and gain experience at galas. This will enable them to decide their future in maybe joining a competitive swimming club.