



# Corby Amateur Swimming Club

## 200/400m Championships – Supplementary Information

License Number;- 4EM162444

### 1.0 Schedule of Events

The 200m and 400m Championships are a Club Championship that will be competed over two sessions on the dates **3<sup>rd</sup> December & 4<sup>th</sup> December 2016**. The Competition will be run at Corby East Midlands International Pool unless otherwise specified and will be run on a 8 x 50m pool Set Up. The swimmers will compete in age groups on a HDW basis.

#### Age Groups:

- 10/Under (for ages 9/10) Minimum age 9 years on day of gala
- 12/Under (for ages 11/12)
- 14/Under (for ages 13/14)
- 16/Under (for ages 15/16)
- 17/Over

The schedules of events are as follows.

#### Session 1

Event 1	Open	Girls	400m	Freestyle
Event 2	Open	Boys	400m	Freestyle
Event 3	Open	Girls	200m	Breaststroke
Event 4	Open	Boys	200m	Breaststroke
Event 5	Open	Girls	200m	Butterfly
Event 6	Open	Boys	200m	Butterfly

#### Session 2

Event 7	Open	Girls	400m	IM
Event 8	Open	Boys	400m	IM
Event 9	Open	Girls	200m	Backstroke
Event 10	Open	Boys	200m	Backstroke
Event 11	Open	Girls	200m	Freestyle
Event 12	Open	Boys	200m	Freestyle

## 2.0 Length of Session

Warm up for the competition starts at 6pm on Specified date and will finish at 6:25pm. The competition will start at 6:30pm and will finish by 9pm. Therefore, giving a total session time of 2.5 hours.

## 3.0 Promoters Conditions

For the full details of this gala, this document must be read in conjunction with the Promoters conditions regarding the running of Corby Club championships.

## 4.0 Acceptance Criteria

All Entries made before the closing date as specified on the [www.corbyswimmingclub.org.uk](http://www.corbyswimmingclub.org.uk) website will be accepted unless over-subscribed then selection will be on a first come first served basis. Late entries will only be considered at the organiser's discretion.

## 5.0 Qualifying Standards

No Upper or Lower Qualifying times have been set for this competition; all entries will be accepted if they meet the promoter's criteria. Entry times if submitted must be in 25m format.

## 6.0 Setting of Standards

All entrants must be a member of Corby Amateur Swimming Club.

Other competitors from other clubs may be invited by the promoter to compete for new times, but they will not be competing for the Corby Swimming Club 200/400m championships trophy. Their times will be uploaded to the ASA rankings.