



SEEM Regional LC Championships Weekend 2

Derby – 29th & 30th April 2023

Date	Meet	Venue	Level	Time
Samuel Cooke		Corby	1271525	
Male/Female 100 Freestyle				
1	30/04/2023	East Midlands Regional LC Championships	Derby	1 00:55.39
Male/Female 200 Freestyle				
1	29/04/2023	East Midlands Regional LC Championships	Derby	1 01:59.46
Male/Female 400 Freestyle				
1	30/04/2023	East Midlands Regional LC Championships	Derby	1 04:15.13
Male/Female 100 Butterfly				
1	29/04/2023	East Midlands Regional LC Championships	Derby	1 00:59.12
Male/Female 200 Butterfly				
1	01/05/2023	East Midlands Regional LC Championships	Derby	1 02:08.97
2	01/05/2023	East Midlands Regional LC Championships	Derby	1 02:13.01
Male/Female 200 Backstroke				
1	30/04/2023	East Midlands Regional LC Championships	Derby	1 02:14.50
2	30/04/2023	East Midlands Regional LC Championships	Derby	1 02:14.93
Male/Female 200 Individual Medley				
1	30/04/2023	East Midlands Regional LC Championships	Derby	1 02:16.74
Male/Female 400 Individual Medley				
1	29/04/2023	East Midlands Regional LC Championships	Derby	1 04:46.82
2	29/04/2023	East Midlands Regional LC Championships	Derby	1 04:55.67
James Plenderleith		Corby	1436818	
Male/Female 50 Freestyle				
1	01/05/2023	East Midlands Regional LC Championships	Derby	1 00:27.67
Male/Female 100 Butterfly				
1	29/04/2023	East Midlands Regional LC Championships	Derby	1 01:09.38
Ethan Randall		Corby	1157729	
Male/Female 50 Freestyle				
1	01/05/2023	East Midlands Regional LC Championships	Derby	1 00:26.47
Male/Female 50 Backstroke				
1	01/05/2023	East Midlands Regional LC Championships	Derby	1 00:30.44
Male/Female 100 Backstroke				
1	29/04/2023	East Midlands Regional LC Championships	Derby	1 01:02.83
2	29/04/2023	East Midlands Regional LC Championships	Derby	1 01:03.20
Male/Female 200 Backstroke				
1	30/04/2023	East Midlands Regional LC Championships	Derby	1 02:16.43
2	30/04/2023	East Midlands Regional LC Championships	Derby	1 02:17.06
Male/Female 200 Individual Medley				
1	30/04/2023	East Midlands Regional LC Championships	Derby	1 02:25.30



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Lea Bromwich		Corby	1279928		
Male/Female 50 Freestyle					
1	01/05/2023	East Midlands Regional LC Championships	Derby	1	00:29.56
Male/Female 100 Freestyle					
1	29/04/2023	East Midlands Regional LC Championships	Derby	1	01:03.69
Harriet Casey		Corby	893384		
Male/Female 50 Butterfly					
1	29/04/2023	East Midlands Regional LC Championships	Derby	1	00:31.25
Male/Female 100 Butterfly					
1	30/04/2023	East Midlands Regional LC Championships	Derby	1	01:11.13
Orla Eyton-Jones		Corby	1143414		
Male/Female 100 Backstroke					
1	30/04/2023	East Midlands Regional LC Championships	Derby	1	01:12.43
Male/Female 400 Individual Medley					
1	30/04/2023	East Midlands Regional LC Championships	Derby	1	05:37.41
Elise Sophia Kendall		Corby	1106545		
Male/Female 50 Freestyle					
1	01/05/2023	East Midlands Regional LC Championships	Derby	1	00:28.20
Male/Female 100 Freestyle					
1	29/04/2023	East Midlands Regional LC Championships	Derby	1	01:00.97
Male/Female 200 Freestyle					
1	30/04/2023	East Midlands Regional LC Championships	Derby	1	02:12.49
Male/Female 50 Butterfly					
1	29/04/2023	East Midlands Regional LC Championships	Derby	1	00:30.64
Male/Female 100 Butterfly					
1	30/04/2023	East Midlands Regional LC Championships	Derby	1	01:08.83
Male/Female 50 Backstroke					
1	01/05/2023	East Midlands Regional LC Championships	Derby	1	00:31.86
Male/Female 100 Backstroke					
1	30/04/2023	East Midlands Regional LC Championships	Derby	1	01:10.73
Ella Mae Prior		Corby	1389430		
Male/Female 200 Freestyle					
1	30/04/2023	East Midlands Regional LC Championships	Derby	1	02:19.27
2	30/04/2023	East Midlands Regional LC Championships	Derby	1	02:20.14
Male/Female 400 Freestyle					
1	29/04/2023	East Midlands Regional LC Championships	Derby	1	04:50.66
Lilly Tappern		Corby	1314512		



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Lilly Tappern		Corby	1314512		
Male/Female 100 Freestyle					
1	29/04/2023	East Midlands Regional LC Championships	Derby	1	01:03.72
Male/Female 200 Freestyle					
1	30/04/2023	East Midlands Regional LC Championships	Derby	1	02:15.93
Male/Female 100 Breaststroke					
1	01/05/2023	East Midlands Regional LC Championships	Derby	1	01:24.13
2	01/05/2023	East Midlands Regional LC Championships	Derby	1	01:24.65
Male/Female 200 Breaststroke					
1	30/04/2023	East Midlands Regional LC Championships	Derby	1	02:54.51
2	30/04/2023	East Midlands Regional LC Championships	Derby	1	02:57.86
Male/Female 50 Butterfly					
1	29/04/2023	East Midlands Regional LC Championships	Derby	1	00:30.83
2	29/04/2023	East Midlands Regional LC Championships	Derby	1	00:31.18
Male/Female 200 Butterfly					
1	01/05/2023	East Midlands Regional LC Championships	Derby	1	02:31.79
2	01/05/2023	East Midlands Regional LC Championships	Derby	1	02:32.44
Male/Female 200 Individual Medley					
1	29/04/2023	East Midlands Regional LC Championships	Derby	1	02:29.11
2	29/04/2023	East Midlands Regional LC Championships	Derby	1	02:29.50
Male/Female 400 Individual Medley					
1	30/04/2023	East Midlands Regional LC Championships	Derby	1	05:20.68
2	30/04/2023	East Midlands Regional LC Championships	Derby	1	05:22.46
Sophia Wiffen		Corby	1298496		
Male/Female 200 Breaststroke					
1	30/04/2023	East Midlands Regional LC Championships	Derby	1	03:03.86
Summer York		Corby	1263263		
Male/Female 50 Breaststroke					
1	29/04/2023	East Midlands Regional LC Championships	Derby	1	00:36.41
Male/Female 100 Breaststroke					
1	01/05/2023	East Midlands Regional LC Championships	Derby	1	01:18.88
Male/Female 200 Breaststroke					
1	30/04/2023	East Midlands Regional LC Championships	Derby	1	02:55.10
Male/Female 50 Butterfly					
1	29/04/2023	East Midlands Regional LC Championships	Derby	1	00:31.21
Male/Female 200 Individual Medley					
1	29/04/2023	East Midlands Regional LC Championships	Derby	1	02:35.57