

Corby Swimming Club Session Timetable

May-19

Monday Corby									
Times	25m				20M				
	L1	L2	L3	L4	L1	L2	L3	L4	
5.00pm	Public				Public				
6.00pm									
6.30pm									
7.00pm	National	National	National	National	County	County	County	County	
7.30pm									
8.00pm									
8.00pm									
8.30pm									
8.30pm									
9pm									
9pm									

Wednesday Corby									
Times	25m				20M				
	L1	L2	L3	L4	L1	L2	L3	L4	
5.00pm	No Training								
6.00pm									
6.30pm									
7.00pm									
7.30pm									
8.00pm									
8.30pm									
8.30pm									
9pm									
9pm									

Friday Corby									
Times	25m				20M				
	L1	L2	L3	L4	L1	L2	L3	L4	
5.00pm	Lessons	National	National	National	Public				
6.00pm									
6.30pm									
7.00pm									
7.00pm	50m				Academy	Academy	Academy	Academy	
7.30pm									
8.00pm	Regional	Regional	County	County	Public				
8.30pm									
9.00pm									

Saturday Corby									
Times	25m								
	L1	L2	L3	L4	L5	L6	L7	L8	
7.30am	National	National	National	Regional	Regional	Regional	Masters	Lessons	
8.00am									
8.30am									
9.00am	Public								
9.30am	Public								
10.00am	Public								

Tuesday Corby									
Times	25m				20M				
	L1	L2	L3	L4	L1	L2	L3	L4	
5.00pm	Public				Public				
6.00pm									
6.30pm									
7.00pm	Regional	Regional	Regional	SwimFit	County	County	County	County	
7.30pm									
8.00pm									
8.00pm									
8.30pm									
8.30pm									
9pm				Public					
9pm									

Thursday Corby									
Times	25m				20M				
	L1	L2	L3	L4	L1	L2	L3	L4	
5.30pm	Regional	Regional	Regional	Regional	Public				
6.00pm									
6.30pm									
7.00pm									
7.00pm	Acad +	Acad +	Acad +	SwimFit	Academy	Academy	Academy	Academy	
7.30pm									
8.00pm	County	County	County	Masters	Available				
8.30pm									
9pm									

Summary		Monthly FEES From
Squad	Pooltime	01.07.19
National	11.5 Hours	£70.00
Regional	9.5 Hours	£60.00
County	6.5 Hours	£55.00
A	2 Hours	£27.50
A+	3 Hours	£35.00
SwimFit	3 Hours	£35.00
Masters	4.5 Hours	£40.00

Sunday Corby									
Land Training									
4.45 - 5.15pm	National								
4.45 - 5.15pm	Regional								
5.15 - 5.45pm	County								
5.45 - 6.15pm	Masters								
50m									
Times	L1	L2	L3	L4	L5	L6	L7	L8	
5.30pm	National	National	National	Regional	Regional	County	County	SwimFit	
6.00pm									
6.30pm									
7.00pm									
7.30pm	20m								
5.30pm									
6.30pm									
7.30pm									

Tuesday UPPINGHAM						
25m						
Times	L1	L2	L3	L4	L5	L6
5.00pm	National	National	National	National	National	National
6.00pm						
6.30pm						
7.00pm						

Thursday UPPINGHAM						
25m						
Times	L1	L2	L3	L4	L5	L6
5.00pm	National	National	National	National	National	National
6.00pm						
6.30pm						
7.00pm						

KEY	National	Regional	County	A	A+	SwimFit	Masters
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